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A Valentine
from us to our
Valentines...
OUR
VOLUNTEERS!

Learn About Our Spring Time Events and Fundraisers and How YOU Can Get Involved!

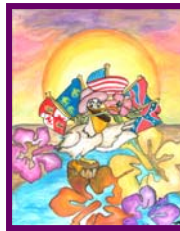
Although it feels, at this point, as if Winter has just passed us by completely, Spring time is indeed just around the corner. We're already very busy in the Development and Volunteer Departments preparing for upcoming events, and looking forward to making them even bigger and better than in years before.

It doesn't matter what you like most about special events, we can find a job for you! Volunteers are HUGE part of making these fundraisers a success, from planning to execution; and the money raised always benefits our patients and families in a big way.

Please take a moment to read below about our upcoming events and fundraisers and give a Volunteer Manager near you a call at (850) 202-0353 to talk about what you can do to help make these events a success for Covenant Hospice in 2012!



The Art of Fashion
Event Date:
Wednesday,
March 14th
11 am



Fiesta of Flowers
Event Dates:
Weekend of
April 20-22nd
9-5pm, each day



Mozart & Margaritas
Event Date:
Thursday,
May 10th
5:30 pm

This weekday event combines our love of both fashion and artwork with a luncheon, runway show, and gigantic art-filled silent auction!

Event Location:

New World Landing, Pensacola

Volunteers Needed to:

- ◆ Assist with event décor
- ◆ Help to secure silent auction, live auction, and drawing items
- ◆ Work as hosts/hostesses
- ◆ Man silent auction tables
- ◆ Sell drawing tickets

Committee Meeting Info:

All committee meetings are scheduled for 11am at the Palafox Branch Office.

February 8th
February 22nd
March 7th

Call Keelea for more info!

This new, weekend-long event will require many volunteers to help make it a success! Garden vendors and showplace designers will come together to showcase new and exciting ideas for Pensacola's outdoor spaces! The smell of fresh cut flowers will fill downtown Pensacola!

Event Location:

Plaza de Luna, Downtown P'cola

Volunteers Needed to:

- ◆ Assist with pre-event ticket sales, sponsorships, etc.
- ◆ Assist with set-up/clean-up
- ◆ Check in ticket holders
- ◆ Act as "runners" during event
- ◆ Act as vendor liaisons
- ◆ Work in info tent

Committee Meeting Info:

If you are interested in helping or learning more, call Keelea to be alerted about future meetings!

This long running event benefiting AFS will move to a new location this year. The classically casual all-you-can-drink margarita-filled night features both live classical and island music and has a silent auction that is not to be missed!

New Event Location:

Sanders Beach Comm. Center

Volunteers Needed to:

- ◆ Secure silent auction items
- ◆ Bartend event
- ◆ Assist with décor & set up
- ◆ Sell drawing tickets at event
- ◆ Man silent auction tables

Committee Meeting Info:

All meetings are at AFS at 11am
March 29th
April 12th
April 26th
May 2nd

Call Keelea for more info!

And the Covenant Heart of Hospice for the month of February 2012 goes to...



A Very Special

Thank You!

Goes out this month to:

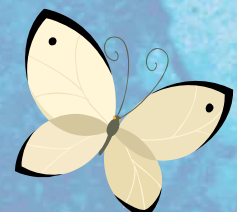
We Honor VETS

Volunteers:

Nancy Bullock
David Rosser
Clifton Richard
Bob Sauers

Administrative Volunteers:

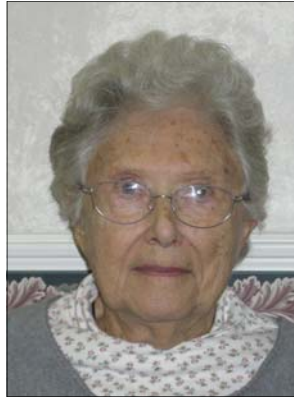
Ozell Oates
Laura Plowman
Lynn Williams
Kay Dutcher
Burnell Mack
Dorothy Griggers
Anna Stubbs
Bill Oakes
Gladys Vermeule
Gerry Hambrick
Bernard Lilavois
Marta Andrews
George Lawson
Emma Hopkins
Marie Thompson
Eileen Bostic
Stephanie Davis
Barbara Remich
Theresa Davis
Barbara Alcott
Polly Reno
Mandy Holman
JC Conrad
Judy Stimpson
Sandy Adelman




Flo Fulwiler


Community Crafting Volunteer, Milton

As a New Jersey girl who ended up in Florida due to her husband's military career, Flo experienced support from Covenant Hospice when her husband was placed at the Care Center in 2007. After seeing a request in one of the Covenant bereavement mailings for someone to make lap blankets, Flo decided it was her turn to give back. Since 2007, Flo has been crocheting lap blankets for the Milton patients and does 6-8 blankets a month. She is also A World War II Vet, joining the Navy in 1943. Flo is one of our "unseen" volunteers, and she does an amazing job! We thank you, Flo, for your military service and also for your time and talents!





**Covenant Hospice's Tobacco-Free Policy
for Staff & Volunteers
Takes Effect February 1st, 2012
Here's what you need to know:**



- ◆ Volunteers who visit patients and families cannot smoke on the way to the patient's place of residence (while driving in their car) or while at the patient's place of residence (homes, facilities, IPUs).
- ◆ Volunteers may not smoke on the premises of Covenant's corporate or branch offices.
- ◆ Volunteers may not smoke while serving Covenant Hospice at community sites, such as Ambassador and Development Volunteers.
- ◆ Volunteers should take every caution that their clothing and person does not smell like smoke while volunteering in any capacity for Covenant Hospice.

(Note: We understand that volunteers who visit patients/families who are smokers cannot avoid smelling of smoke when leaving their residence.)



The 7th Annual Art of Fashion will take place at New World Landing on Wednesday, March 14th at 11am
We are currently seeking volunteers to be a part of our planning committee!
Committee Meeting Schedule:
February 8th February 22nd
March 7th
(All committee meetings will take place at the Palafox Office at 11am.)
Call Keelea at 202-0353 to rsvp or for info!

Get more information about Art of Fashion 2012 at:
<http://eventsatcovenant.org/artoffashion/>



**Patient & Family
Volunteers**

- Renee Smith
- Linda Woodson
- Selena Rogers
- Jessica Thompson
- Tamara Castles
- Glenda Moore
- Liz Richards
- Nancy Waldrop
- Kim Touchton
- Wilma Miller
- Kevan Poley
- Sheila Collins
- Sheila Phillips
- David Rosser
- Bob Sauers
- Jerry Kosowski
- Neal Armstrong
- Shannon Whitehead
- Leslie Sanchez
- Jim Dickson
- Denny Maljevack
- Lou Pannunzio
- Tiff Clark
- Rachel Gadolin
- Jim Tucker
- Marie Martel, LMT
- Andrea Roll
- Sandi Kosowski
- Kay Sumner
- Tonya Jones
- China Carter
- Michelle Dunford
- Corrinne Frost
- Geraldine Baker
- Kathleen Belin
- Kathrina James
- Kevin Hebner

Thanks!

**Upcoming
Events and
Trainings!**

**CRAFTS IN CANTONMENT
VOLUNTEER CRAFT DAY**

We'll provide the crafts and refreshments, you just bring yourself (and a friend, if you like!) and your creativity!

DATE: Thurs., Feb. 16th
TIME: 10am-12pm
PLACE: Gonzalez United Methodist Church
(2026 Pauline St, Cntmt, Fl)
Please RSVP to Hope Ripley at 202-5802

**SPIRITUAL SUPPORT
VOLUNTEER TRAINING
CLASS**

Learn to work alongside our Covenant Hospice Chaplains as they provide spiritual support to our patients and families.

DATE: Tues., Feb. 28th
TIME: 11-1 pm
FACILITATED BY: Milton Branch Chaplains,
Don Berry and Dean Patterson
PLACE: Milton Branch Office
(6479 Caroline St., Milton)

Spiritual Support Vols:

- ♦ Read from spiritual/religious texts with patients and families when requested and in accordance with their beliefs.
- ♦ Provide spiritual interventions including emotional support, active listening and life review.
- ♦ Understand the limitations of the role of Spiritual Support Volunteer and defer to Chaplain when necessary.

RSVP to Sharon at 202-5948
POTLUCK LUNCH! Bring your favorite dish to share!

**AFS EDUCATIONAL SERIES PRESENTS:
Dementia & Behavior Modification**

Presented By Joy Barbee, RN
Friday, February 3rd, 12:00-1pm
Baptist Medical Park
(Corner of University Pkwy & 9 Mile Rd.)
In the Azalea Room

~AND~

You Know You're a Caregiver If...

Presented by Courtney Cook, MSW
Monday, February 27th, 2:30-3:30pm
Myrtle Grove United Methodist Church
(1030 N. 57th Ave., Pensacola)
Classes are free & open to the community!

New Volunteer Training

Join us for a convenient week night or weekend training! Teens welcome!
Classes are FREE and open to the entire community! Spread the word!

Pensacola Branch Office
(2001 North Palafox Street, Pensacola)

Tuesday and Thursday
February 21st and 23rd
5pm-9pm, both days required
Light Dinner Will Be Served
RSVP to Keelea at 202-0353

~OR~

Milton Branch Office
(6479 Caroline Street, Milton)

Saturday, March 17th
9am-5pm
Breakfast and Lunch Provided
RSVP to Sharon at 202-5948



VOLUNTEER SPOTLIGHT



Thank you to the young ladies of **Pine Terrace Youth Group**! This wonderful group of girls came out to the Milton Branch on January 21st to make valentines for our patients, help with clipping newspaper articles, and to make crafts for patients and families! We loved having you, ladies, and hope you will join us again soon!

Volunteer, **Ozelle Oates** (pictured right), comes out 3 times a week to bake fresh, homemade cookies for nursing homes, doctor's offices, and special events. She's so reliable and we LOVE the smell of freshly baked cookies filling up the office! Thank you, **Ozelle**, for sharing your gifts with Covenant Hospice!



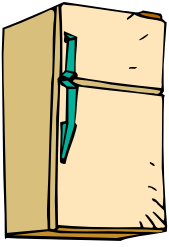
Great idea alert!

For those of us with stress (AKA, all of us!):
One of our Milton nurses, **Andy Coleman**, uses this tube sock, fills it with long grain white rice, ties off the end of the sock and heats it in the microwave for 2 minutes. It is wonderful for lower back pain and neck pain. Try it...you will like it!

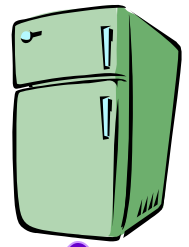
The group pictured to the right is a new group of volunteers from **Woodbine Methodist Church in Pace**. We're so happy to have them on board, as they are a very talented group! The group has already been busy making booties, hats and afghans for our patients. They call themselves "**Chris's Crafters**" and we'd like to welcome them all to our family!



"It is under the greatest adversity that there exists the greatest potential for doing good, both for oneself and others." -Dalai Lama



FOR THE FRIDGE



Upcoming Events and Reminders

February is the month of LOVE!

Your Volunteer Managers Are Here For YOU!

Keelea LeJeune
Volunteer Manager
202-0353, office
keelea.lejeune@covenanthospice.org

Barbara Fike
Volunteer Manager
202-0924, office
barbara.fike@covenanthospice.org

Becky Luntsford
Volunteer Manager
472-1648, office
becky.luntsford@covenanthospice.org

Sharon Oakes
Volunteer Manager
202-5948, office
sharon.oakes@covenanthospice.org

Hope Ripley
Volunteer Manager
202-5802, office
hope.ripley@covenanthospice.org



<p>Wednesday, February 1st</p>	 <p>COVENANT HOSPICE IS A TOBACCO-FREE WORKPLACE TODAY!!! See Policy Info for Volunteers on Page 2</p> 
<p>Friday, 2/3 Through Sunday, 2/5</p>	<p>CHRIST CHURCH 2012 ANTIQUES SHOW & SALE At the Currin Center (Wright & Palafox Streets) Times and ticket prices vary. For more information: Call 432-5115 A portion of the proceeds will benefit Covenant Hospice</p>
<p>Wednesday, February 8th and 22nd</p>	<p>Art of Fashion 2012 Seeking volunteers for our event committee! Be a part of the FUN! Details on pg. 2!</p> 
	 <p>Happy Valentine's Day</p>
<p>Thursday, February 16th</p>	 <p>GET CRAFTY WITH COVENANT At Gonzalez United Methodist Church More info on Page 3!</p>
<p>Tuesday, February 21st</p>	  <p>MARDI GRAS FAT TUESDAY</p>
<p>Tuesday & Thursday Feb. 21st & 23rd</p>	<p>VOLUNTEER TRAINING CLASS...5PM-9PM Convenient evening schedule for Adults and teens! More Information on Page 3...Share with a friend!</p>
<p>Tuesday, February 28th</p>	<p>SPIRITUAL SUPPORT VOLUNTEER TRAINING Details on Page 3.</p>

2001 North Palafox Street
Pensacola, Florida 32501

RETURN SERVICE REQUESTED

Mailing label goes here

Covenant Hospice Volunteer Services Newsletter

VALENTINE

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